



## BREAKFAST MENU

# HARWOOD'S

TEMPLE GARDENS MINERAL SPA RESORT

HARWOOD'S USES ONLY TRANS FAT FREE OIL



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*Temple Gardens*  
MINERAL SPA RESORT

## OUR STORY

*T*emple Gardens is a great story about one community working together to build a destination attraction. The resort showcases the geo therapeutic waters drawn from the ancient sea-beds lying deep below the city's surface. We are proud to say that we have visitors from around the world coming to enjoy the resort's prairie hospitality.

Temple Gardens is an example of community economic development that started with a handful of local volunteers building a company that continues to give back to the community.

Our story is about people with true Saskatchewan~style "heart and soul".

Moose Jaw is a proud prairie city and we hope our story encourages other communities to work together to create their own successes.

Temple Gardens Mineral Spa Resort is unique in its philosophy:

*"...Come for the warmth of our waters...stay for the warmth of our people".*

OUR WISH IS THAT EVERY GUEST LEAVES FEELING MORE RELAXED, REJUVENATED AND HAPPIER THAN WHEN THEY ARRIVED.



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## BREAKFAST ENTRÉES

### THE HARWOOD

Two eggs done to your preference and served with bacon, sausage or ham - \$8  
One Egg done to your preference and served with bacon, sausage or ham - \$6

### EGGS BENEDICT

Two poached eggs topped on back bacon and an English muffin drizzled with hollandaise sauce, served with country fries  
half order - \$8 full order - \$9

### EGG OMELET

Three grade A eggs combined with your choice of three fillings, served with country fries and toast  
*Choices: bacon, ham, cheese, green onions, green peppers, tomatoes or mushrooms*  
\$9

*The above breakfast entrées are served with country fries, your choice of white, multigrain, rye, or whole wheat toast and coffee or tea.*

### FRENCH TOAST

Three pieces grilled to a golden brown, dusted with icing sugar and served with Saskatoon berry syrup  
\$8

### BUTTERMILK PANCAKES

Three buttermilk pancakes served with Saskatoon berry syrup  
\$8

*The above entrées are served with coffee or tea*

## BREAKFAST À LA CARTE

|                   |        |                        |        |
|-------------------|--------|------------------------|--------|
| Fruit Cup         | \$3.50 | Toast                  | \$2.50 |
| Cinnamon Bun      | \$3    | Bagel and Cream Cheese | \$3    |
| Muffins           | \$2.50 | Bacon, Sausage or Ham  | \$4    |
| One Egg any style | \$1.50 | Cold cereal and milk   | \$4    |

*\*Harwood's uses only Grade A Canadian eggs*

## ON THE LIGHTER SIDE

### CINNAMON RAISIN PORRIDGE

A twist on the original porridge, served with cinnamon and raisins, brown sugar and milk or cream  
\$6

### FRUIT PARFAIT

Layers of granola, low fat vanilla yogurt, and seasonal fresh berries  
\$8

### FRESH FRUIT PLATE

Assorted fresh fruit in season accompanied with low fat vanilla yogurt  
\$8

## KID'S MENU

\$5 for any one of the following items:

- One Egg Any Style and country fries
- Pancakes
- French Toast

are served with and includes bacon, sausage or ham

*All kid's menu items include a small juice or milk*

## BEVERAGES

Fruit Juice - \$2.50

*Apple, orange, cranberry, grapefruit or tomato*

V8 Juice - \$2.50

Milk - \$2.50

Chocolate Milk - \$2.75

Coffee or Orange Pekoe Tea - \$2.50

Selection of Herbal Tea - \$2.50

*\*All dietary restrictions may be accommodated*

As of February 7th, 2011 all prices are exclusive of taxes. Prices do not include taxes or gratuity.

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